

Mustang & Wild Horse Rescue & Training Center of Georgia Write & Ride Program

This is a three-hour class lasting four weeks (four classes). Each class consists of two hours of horsemanship and one hour of creative writing and journaling. Cost per student is \$35.00 per class. Class size 6-8 people. Limited scholarships are available. Summer Day Camp classes also available.

Instructors:

The course is led by certified English teachers in Cobb County Georgia and published writers.

Overview:

Participants learn to be assertive without being confrontational. They learn what a mutually consensual relationship feels like and they are able to transfer that to every day life. They learn that they do not have to be a victim.

Journaling:

This is a creative writing program that uses the journaling process to help youth find their voice and their creative mind. Their creativity is nurtured. Their mind is cleared so they can focus on what is important to them. It reveals what attitudes and beliefs they hold within themselves. Our program offers an avenue for self-expression, emotional healing and inspiration. All they need is a journal and a pen. They write on whatever THEY feel is important. Grammar and punctuation is not a consideration. They are asked to share their journal entry. A discussion follows the reading.

Oprah Winfrey said: "Keeping a journal will absolutely change your life in ways you've never imagined."

Horsemanship:

Western civilization would be hard to imagine without the horse. They tilled our farmland and carried our goods. Their courage took us to war. Up until the Industrial Revolution, they were the fastest way to get anywhere on land. Now, for the first time in history, we have no need of the horse's physical strength. What we do need, perhaps more than ever, is the horse's spiritual power. As great as the horse's gifts to us have already been, this one may be the greatest

Our participants learn about respect, trust and clear communication by working with our horses. They learn how to care for the horse, how to feed it, how to groom it and how to get it to move. They learn responsibility through having the horse depend on them for their care. They learn that what doesn't kill us can only make us stronger if we have the humility, courage, and determination to go forward.

Location:

Wild Horse Ranch
786 Four Mile Church Rd.
Ball Ground, GA 30107
404-667-7393